

FREEDOM H. S. BOWLING FUNDAMENTALS SYLLABUS

Instructor: Kevin Hartwig
E-mail: hartwigk@luhsd.net
Office Number: (925) 625-5900 ext. 3892

Course Location: Bowlero at Harvest Park
5000 Balfour Rd
Brentwood, CA 94513-4001
Phone: (925) 516-1221

Course Time: B-Day 5th Period
8:00 am to 9:10 am

COURSE DESCRIPTION:

This course is an introduction to the discipline of Physical Education through the sport of Bowling. The course will include a historical examination, styles of play and strategies of the sport. Students will strive to develop basic skills including approach; types of deliveries, strategy, etiquette, and league play associated with the sport of bowling. Adaptations related to gender, age and physical conditioning would be addressed.

COURSE GOALS:

The goals of this course are to develop the basic skills and strategies of the game of Bowling. You will learn the proper delivery technique, targeting, spare shooting and strategy. Additional topics include equipment, rules, etiquette, terminology and scoring. Students will participate in team competition as well as receiving instruction.

Content

- | | |
|--------------|--------------|
| A. History | D. Rules |
| B. Equipment | E. Scoring |
| C. Technique | F. Etiquette |

Grading Scale

- | |
|------------------------|
| 80% - Participation |
| 10% - Skill Assessment |
| 10% - Cognitive |

What affects your grade?

- Your participation in all course related activities is 80% of your grade.
- All Freedom school rules will be applied to this course. Failure to follow school rules will result in discipline action by instructor.
- Disruptive behavior: 1st occurrence during class = verbal warning, 2nd occurrence during class = class dismissal for the day (FHS discipline referral), A second dismissal will result in a full letter grade being taken off of your possible final grade (FHS discipline referral), in addition to any other points lost. A third dismissal will result in an automatic "F" for the course and class withdrawal.
- Poor bowling etiquette (throwing bowls, safety issues, etc.), refusal to take part in an activity, being disrespectful to others (including bowling alley employees), foul language, and any school rule infraction are some possible examples of what might be deemed "disruptive." Extreme behavior can result in immediate dismissal.
- Put up your bowling balls and return your shoes to the desk each day before leaving.
- Wear comfortable clothing that is appropriate. (**School dress code policy enforced**)
- You may purchase food to eat, but it must stay out of the lane area and be thrown away when finished.
- Points are earned for each day's participation, 10 points a day. (Being late will result in a maximum of ½ credit for that day's participation). Make ups – Written assignment, PE Makeups & make up at bowling alley. (Up to four days)
- Exams on the knowledge retained from the courses content will result in 10% of course grade.
- Not completing Bowling Log on a regular basis. Your bowling log is 10% of your course grade.

I have read, understand and agree to follow the Liberty Union High School District Physical Education Policies for Bowling Fundamentals and expectations.

Parent Signature: _____

Student Name: _____

Date: _____

Student Signature: _____